

PATCHWORK



The Vernon Silver Star Quilters Guild Newsletter—September 2024 Vol 18, Issue 1



A Note from our President...

Welcome back to another year of Guild! The executive along with the chairs of the various sub groups and committees met August 22nd to get organized for this coming

year. The Guild calendar should be updated in the coming weeks so look for that to come out on our website. As well the minutes to this meeting will be posted on the Membership only page.

I would like to take this opportunity to thank all that volunteered with the Guild last year and to all the individuals that stepped up to volunteer for this coming year. The membership list will be updated in the next month or so to reflect changes to the various positions within the guild.

I trust/hope that everyone had a good summer and are ready for another great year with the guild. I have been busy sewing over the summer with interruptions from company (family and importantly grandchildren) and of course camping and golfing. Where has the time gone?!!!

The quilt show is just over a year away, September 2025 so you will be hearing a lot more on this as we move through the year.

I am looking forward to seeing many of you at our first meeting on Sept. 5th! New members/ visitors are always welcome!

Julie

September Events

September 5 - 9:30 am	Guild Business Meeting
September 9—9:00 am	Classics
September 19—9:00 am	General Meeting & Library Book Sale
September 23—9:00 am	Talk Around the Block
September 26—9:00 am	Open Sewing Day

Check our online calendar for updates.

Guild Meeting Days

*Doors open at 9:00 am
Meeting begins at 9:30 am*

Subgroups and Classes

*Doors open at 8:45 am for set up,
Ending at 3:00 pm.*

Quilt Show 2024—Susan Wilson

Can you believe the quilt show is slated for Sept 26 & 27 2025 - just one year away. The planning is underway with a committee of seven. Merchants have been booked for about 70% of the merchant mall space and this year you will find the committee asking for your assistance as the time approaches. Please keep an open mind and also if you have an area of interest that you would like to take the reins on, talk to Susan Wilson and she will put you in touch with the right person on the committee.

At this time, we are hoping someone has come up with a solution to the new way to show quilts during the bed turning - literally by turning the bed up the wall as demonstrated last quilt season. If you have a yen for solving problems, building contraptions or perhaps a partner that does, please let Susan know and I can explain the concept.

Start rounding up those UFO's as the challenge will be undertaken again - more information to follow.

Membership—Susan Wilson

Just a reminder that this year each member must complete a paper registration form to submit along with membership fee of \$40 (\$42 for credit card). The form can be found on the website on the "About" page. Please print it, fill it in in neat legible writing and submit during coffee break at the membership table. There is a form available on line that you can fill in by typing as well before you print. (If your writing is difficult to read, errors in creating the data base may result and communications from the guild may not happen!)



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Join a Sub Group This Year

QuArtz– Christine Trory

Welcome to a new year at QuArtz. Our group meets the second Tuesday of the month at 9:30 at an offsite location with the goal of extending our quilting skills into an artistic area. We plan to explore 3-Dimensional objects this year. We will discuss various surfaces and how to achieve them, options for 3-dimensional shapes and how to construct these shapes. We will also explore various embroidery stitches that might give your work a wow factor.

We have dyed our fabrics with natural and purchased dyes. We have also rusted, sun printed, and gelli printed our fabrics. We've even heated and melted a few things to incorporate into our art pieces. We look to expand our knowledge of fibre arts and artists, and learn new skills and techniques to add to our 'toolbox'.

All are welcome to explore new areas and try new projects! Our first meeting of the year to be announced. Please contact Christine Trory, Sandie Guenette or Jeanette Marten if you are interested in joining QuArtz or simply want to visit us for one meeting to see what we are about.

Hooked on Classics– Deborah Brown

Our group's focus is on traditional quilts. This provides many choices for projects. However we are very flexible and our main purpose is to have a day for sewing, camaraderie and lots of fun. If anyone has a project in mind that they would like to share with the group, that would be great. The group is always willing to help with advice and suggestions.

The meeting dates for 2023/2024 guild year will be the 2nd Monday with a couple of exceptions. Our start date is September 9th from 9am to 2:30pm. The cost will be \$30 for the season but this figure might have to be increased depending on the number of people who sign up. Register at our first & second guild meetings in September. Payment can be made with the sign-up or at our first sewing meeting on September 9th. If you have any questions, please contact Deborah Brown.

Scrappy-Betty Dobson

Scrappy subgroup will continue to meet on the first Monday of the month from September through May from 9-2:30. Our meeting in September to be announced. I'll have a sign up sheet at the September guild meetings,.

Talk Around the Block– Ruth Dixon and Karen Weighill

Is everyone ready for a new quilting season? Talk Around the Block will start the 23rd in September and continue every last Monday of each month for 8 month. The group has been smaller than the other subgroups, and everyone is welcome. There are 8 planned sessions, because we do not meet in December or June. With smaller numbers there is more room to spread out and there is more one on one time to visit. The down side of our smaller number is that we have to have a higher cost per attendee to cover the cost of the rent. Depending on the number of people who sign up we expect the cost for the year to be \$40 per member. Our first subgroup meeting will be September 23rd. Sign up for the group will be available starting with the first guild meeting, see either Ruth Dixon or Karen Weighill.



Please remember! All our meetings are scent free. Thank you!

A Note from the Treasurer by Anita Reimer ***

Just a quick note to all members regarding our square and fees.
 Please remember, we are not going to pay the square fee for the use of a credit card. That cost will be passed to the purchaser rather than the whole guild. That charge is only 5% of the purchase. For example if you used your credit card for a \$5 workshop, you will be charged \$5.25. If credit card is used to pay for retreat the charge will be \$315. Otherwise charge will be \$300. There are no extra charges if you pay by cheque, cash or Interac, or an e-transfer. You will see this charge on the machine when you are giving authorization for the purchase. This will also assist you in case you gave the wrong card at time of purchase.

So there is going to be a 5% charge added to your purchase only when using your credit card. There will be NO additional charges for any cash, cheque, Interac or e-transfer to the guild.

August Birthdays

August 3	Doris Gauthier
August 8	Dorothy Fowler
August 9	Nancy Hadley
August 10	Linda Hatten
August 11	Linda Sankey
August 12	Marilyn Schoenberger
August 13	Cathy Gaetz-Brothen
August 14	Louise Oddy
August 17	Gail Mitchell
August 17	Endy Turner
August 20	Ruth Schellenberg
August 21	Jeanette Marten
August 22	Candy Turgeon
August 24	Yvonne Wood
August 25	Betty Dobson
August 26	Brigitte Red
August 28	Carol Christensen

September Birthdays

September 3	Betty Carlson
September 4	Bernice Phillipoff
September 13	Rose Currie
September 16	Christine Robson
	Kay Snowdon
	Darlene Bonsan
September 22	Stella Moffatt
September 24	Karen Weighill
September 27	Shirley Weishuhn
September 29	Janice Winkelaar



What's in the Green Box? - Linda Ensing

During the VSSQ guild meetings there is a collection of items on the stage at the “front of house.” If you are new to the guild, you may have wondered about the green box! It is a container for you to drop off any Butcher Boys or Nature’s Fare grocery receipts. Both businesses very generously offer gift cards in exchange for receipts collected. Every guild meeting these receipts are collected and totals tallied. Every \$5000 purchased at Butcher Boys provides us with a \$50 gift card. Nature’s Fare offers 3% of your purchases back to our organization.

The cards are used at the guild’s discretion. They may provide grocery help to a needy family that our host church is aware of, they may be donated to a nonprofit organization like the Salvation Army, they may purchase sugar and cream for our coffee break. If you shop at either of these stores please say “yes” to receiving the receipt, collect them, and bring them to the guild meetings to put in the “green box.” It’s easy and it’s good for our community. Thank you!



Autumn Quilt Sale—November 2nd at Halina Centre

Do you have quilted items that you would like to sell? Before we know it, this event will be upon us.

Anita Reimer and Susan Wilson have started the ball rolling on this opportunity for the guild to once again share our quilt passion with the greater community. Are you ready to vend?

Join the fun and share while recouping a bit of the coin your passion has cost. To this end, the committee has a set formula for **minimum** pricing which worked well at our last two sales. Listen at the next two meetings for more details in how to get involved or chat with either of us for more information.

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Quilting Here & There

A Twist on Mystery Quilts

Workshop Schedule Publishing Soon



Caring by Angie Wood

Hello everyone:

I would just like to remind everyone that I am now chairing the position of “Caring”. For all the newcomers, and a reminder for the other members, the reason for “Caring” is to let members of the Guild know that we are thinking of them at a time when they could use an “invisible hug”. A card will be sent to members in good standing who have lost an important person in their lives, if they have had surgery, or if they just need a little cheering up because they are ill.

If you are aware of any of our members who would appreciate being remembered at a difficult time please text/phone, email, or speak to me directly at a meeting. My contact information can be found in the membership list in the “Members Only” section. Thanks, Angie Wood



6 Ways Sewing Can Positively Impact Your Mental Health
By Alice Caroline of www.alicecaroline.com

Generally there are several ways including increasing mindfulness, boosting self-esteem, and providing social connections. Self-Care!

1. Sewing can provide a sense of accomplishment and satisfaction. Completing a project, no matter how small, can help boost self-esteem.
2. Sewing can provide community support whether online or at an in person get together. These can combat loneliness and foster inspiration and love for your craft.
3. The repetitive nature of sewing can be both meditative and calming.
4. Sewing can give you purpose and meaning, particularly when sewing for others or for a cause.
5. Sewing can provide a sense of control and order.
6. Sewing can foster gratitude and appreciation for hand-made items and the effort that goes into creating them.

Fall Retreat October 21—24

“Quilting and SEW much more”.

VSSQ fall Quilt Retreat to be held October 21 to 24, Monday to Thursday. Bonus projects this year are a place mat for the retreat, **Call Me** by By Annie kit with pattern and a quilt carrying bag which will get you ready for the quilt show. Cost remains \$310 until 2025. **Sign up starts the first meeting in September.** Colours are Pumpkin Spice, Apple Pie and Squash Soup. Look forward to seeing you all there.

Maggie Tomich and Lori Hansen



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Workshop by Christine Wejr

Welcome to a new season of fun activities. Your Workshop committee has been meeting over the summer to line up a great schedule for the coming year.

Upcoming events:

September 19/24 - Library Book Sale – No show & tell that day. Bring your no longer needed books and magazines to drop off in the Activity Room before the meeting.

September 26/24 – Open Sewing Day – 9AM – 3PM.
 October 3/24 – After our meeting Demonstration by Pat Bennett on types of basting.
 October 31/24 – Workshop by Kirsten Chapman on the Quick Curved Ruler Technique- the end result being a table runner.
 ** Watch for a 'Block Challenge' coming soon!! Each person makes one block with the resulting quilt being donated to charity. More info. In the next Newsletter. **

Our committee is always open to new suggestions so if you have an idea for a workshop, short presentation or activity please contact Sue Beaudry. If you would like to share your skills with the group or lead a workshop we would love to hear from you. You can access the workshop proposal form available on the 'Members Only' page on the VSSQ Website. Please complete the form and submit to any member of the Workshop Committee.

Committee Head: Sue Beaudry. Other members: Pat Bennett, Yvonne McReary, Christine Wejr.




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2025 Calendars Now Available

Wine Country Quilters of Lake Country Quilt Show

Hello VSSQ members, from the Wine Country Quilters of Lake Country. We are having our first quilt show on **Saturday, September 7th** and hope you will be able to attend. The price is right ...FREE! No vendors, just lovely quilts made by our small group of enthusiastic sewers. You know many of them. You'll find us at the Lake Country Seniors Activity Centre. Hope to see you there!

Mary-Lou Wightman



Saturday, September 7 10:00 to 4:00
 Lake Country 50+ Seniors Activity Centre
 9830 Bottom Wood Lake Road Lake Country
FREE ADMISSION

Lorraine Johnson-Brotsky Scholarship

WOW, a gold star seamstress extraordinaire has been selected. Meet Nia Hill who is the first recipient of the Lorraine Johnson Brotsky scholarship that was created to assist new design talent with their future education.



Nia learned machine and hand sewing from her grandmother. In grade 8, she was fortunate to sign up for Patti Harison's clothing and textiles class where she was awarded the textile gold award for 3 years. She also volunteered as a student teacher within her Clarence Fulton School.

The LJB scholarship provides \$1,000 assistance to Nia to enter into the Wilson School of Design this September 2024 in Richmond, B.C. The 2-4 year program of Fashion Design and Technology states that their program opens doors to Arc'teryx, Lululemon, and Aritzia.

As her previous teacher states, "I look forward to wearing a 'Nia Hill' original in the future." We can each picture Nia packing up her sewing box, and sewing machine that she inherited from her grandmother, as she heads off to her new creative endeavours.

Congratulations, and all the best for the future Nia. Lorraine's legacy continues.



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News From the Library—Rhonda Harvey

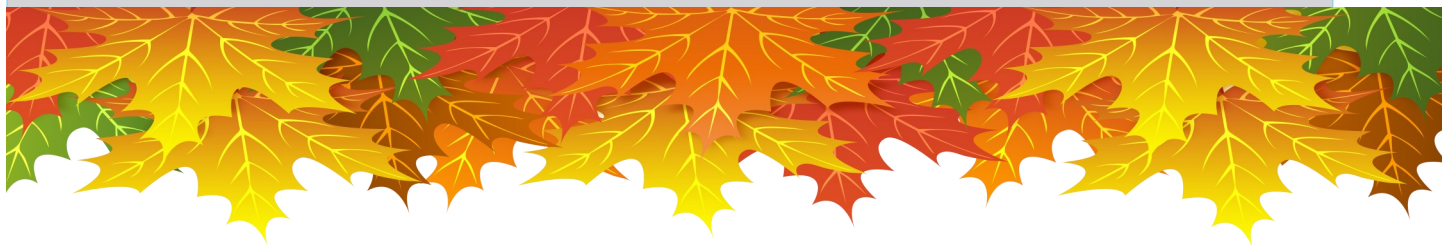
Welcome back to a new guild year!

I hope those of you who signed books out at the end of the season, had an opportunity to browse through and enjoy them. Please try to get them returned the first meeting back, but if you can't be there, you may return them on the first meeting in October.

Our annual **library book sale** will be on **September 19**. On that day, the library will be closed and there will be no show and tell. It would be much appreciated if you have books or magazines to donate, to please drop them at the multipurpose room when you arrive.

If you have items to donate and are unable to attend, please send them along with a member. You will have an opportunity at coffee break to come and browse these offerings. Bring your toonies and loonies and pick up some 'new to you' books, magazines and patterns. There are always a few jewels and for newer quilters it is a good way to expand your resources. The proceeds from the sale are used to purchase new books for the library.

I have been exploring new titles that have been released and due to be released later this year. If there is a title you are interested in, or a topic that you feel could use a few more titles added please let me know.



Fall Sale

Once again, Anita Reimer and Susan Wilson will coordinate the Fall Sale at Halina Centre. If you plan to participate it will follow the same process as in the past.

- You register in the fall and get a vendor number.
- Label, price and list your items on provided form.
- Drop off and go through your inventory at set up.
- Assist with set up.
- Work a shift or two depending on how many items you have.
- Collect your items and go through inventory upon end of show.
- Receive cheque for sales less 15% shortly thereafter.

CHANGED this year-

Maximum of ten of an item - ie 10 mug rugs regardless of different designs or 10 wine bottle bags regardless of fabric.

DATE: NOVEMBER 2 is the date of the sale. Set up may be the night before or early that day depending on hall use. Questions? Please see Anita or Susan at the meeting.